

# ASK ABOUT OUR TAKEAWAY & DELIVERY\* BREAKFAST OPTIONS

\*At selected sites. Order online, on the app or via your local delivery company.

# ALL YOU CAN EAT BREAKFAST

# Home of the Roast & King of the Breakfast!

### Served until 11am.

Please pay at the bar, then help yourself to our delicious range of breakfast items from the deck, including:

Bacon 132kcal per item Sausages\* 221kcal per item Free-Range Fried Eggs (v)

78kcal per item

Hash Browns (v) 91kcal per item Baked Beans (v) 60kcal per spoonful

Plum Tomatoes (v) 15kcal per spoonful Freshly Roasted Mushrooms (v)

94kcal per spoonful

Handmade Potato, Bacon. Cheese & Onion Hash

85kcal per spoonful

Breakfast Yorkshire Pudding

With roasted onion and bacon bits. 206kcal per item

Toast (v)

With a selection of jams and spreads 451kcal per round

# FRESHLY COOKED TO ORDER

Please let our team know when vou order at the bar.

Quorn® Sausages (v) 64kcal Free-Range Scrambled Egg (v) 143kcal

\*As standard we serve pork sausages 221kcal per sausage, except in Scottish sites where we serve Lorne sausages 231kcal per sausage.

# CHILDREN'S BREAKFAST

Suitable for U12s. Vegetarian option available (v)

2.29

# SOMETHING SMALLER

### Toast (v) ♥

With a selection of iams and spreads. 451kcal per round 1.29

# All 500 calories or less

# Porridge (v) ♥

With apple, blackberry and redcurrant fruit compote. 155kcal 1.49

### Cereal (v) ♥

Just ask for today's selection, 1.29

# HOT DRINKS



We are proud to serve a medium-roasted coffee blend of 100% Arabica beans.



Pot of Tea 24kcal 2.29 Espresso 23kcal

Herbal Tea 1kcal 2.29 2.79 Cappuccino 106kcal Hot Chocolate 305kcal 2.79 Latte 122kcal 2.79

Floater Coffee 171kcal 2.79 Coffee 96kcal 2.49

Decaf Coffee 96kcal 2.49

Ask for availability

Non-dairy milk alternative available.

FILTER COFFEE TO YOUR BREAKFAST Filter coffee 43kcal Tea 24kcal

Allergen Information: All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross-contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies, or intolerances, or need help accessing our allergen information, please let us know before ordering.

